



pathways to health

Southwestern Colorado AHEC~ Possible Service Learning Ideas

2015-2016

- Teach class with TBI materials to veteran groups, health department, medical/clinic staff
- BP clinics: Senior Centers, Soup Kitchens, shelters
- Oral Health class (Cavity Free at Three PowerPoint) to pre-schoolers
- Opioid/Rx drug abuse prevention class (we can get materials from Laurie Lovedale)
- Go into middle and high schools to talk about health careers
- Senior Centers – serve lunch, BP clinic, help with exercise classes
- Pharmacy students- teach a class on high blood pressure or about how BP meds work
- Check care coordination programs from the various counties to see what is going on- for example, the Pagosa Springs Medical Center Foundation hosts fundraisers for the benefit of patients- they could help with one of those if the timing is right.
- If there are any fundraising events, such as a local 5K run, the student could offer to help or events like the Alzheimer's Walk or Thrasher Thursdays (in Pathways)
- They could contact one of the recipients of the Secret Garden Concert series to help collect donations at the event (summers only)
- Help with fundraising runs (ie. Journey of Hope 5K in October to raise \$ for mammograms)
- Implement a prescription drug "take-back" program (check with AHEC program coordinator)