

I was standing on the highest mountain of them all, and round about beneath me was the whole hoop of the world.

And while I stood there I saw more than I can tell and I understood more than I saw; for I was seeing in a sacred manner the shapes of all things in the spirit, and the shape of all shapes as they must live together like one being.

And I saw that the sacred hoop of my people was one of many hoops that made one circle, wide as daylight and as starlight, and in the center grew one mighty flowering tree to shelter all children of one mother and one father.

And I saw that it was holy.

[Black Elk](#), Oglala Lakota (Sioux) (1863-1950)

# NATIVE HEALTH CARE & WELLNESS CONFERENCE

*Walk in Beauty with Good Health: Spiritually, Mentally,  
Emotionally, Physically*



**THURSDAY, June 28, 2018:**  
**Day 1: Traditional Wear Day**

7:45-8:00 AM Registration

8:00-8:15 AM Welcome Address: Fannessa Comer, CEO  
Invocation: Ethelyn Burke, PHN Secretary

8:15-9:15 AM Nutrition "Hot Topic"  
Samantha Smith, R.D., Pinon SU

9:15-9:30 AM Break—Door Prizes

9:30-10:30 AM Navajo Wellness Model Curriculum  
Marie Nelson/Carol Leonard, Navajo Area HP/DP

10:30-11:30 AM Kínááldá/Sweat Lodge-Puberty  
Ericke Willie, Consultant, GIMC

11:30-12:30 PM Lunch (On Your Own)

12:30-1:00 PM Team Building Jimmy Pete, GIMC

1:00-2:00 PM Amber Alert  
LT Elizabeth Armijo, NM State Police Public Relations

2:00-2:15 PM Break—Door Prizes

2:15-3:15 PM AADE7 Self-Care Behaviors  
Virginia Dayish, Patient Advocate, GIMC

3:15-4:30 PM Soil Amendment  
Brandon Francis, UNM

**FRIDAY, June 29, 2018:**  
**Day 2: Sports Fan Day**

7:45-8:00 AM Registration

8:00-8:15 AM Welcome Address: Joann King, R.N., DPHN

8:15-9:15 AM Suicide Prevention  
Ericke Willie, Consultant, GIMC

9:15-9:30 AM Break—Door Prizes

9:30-10:30 AM Code Silver Orientation (Active Shooter Response)  
Sgt. Roger Singer, Field Training Officer

10:30-11:30 PM Diabetes and Your Feet  
Dr. McQueen Suen, Podiatrist, Chinle SU

11:30-12:30 PM Lunch (Provided)

12:30-1:30 PM Medical Interpretation  
Joann King, R.N., DPHN, NNMC

1:30-2:00 PM Tai Chi Reycita Six & Cherilyn Williams, GIMC

2:00-2:15 PM Break—Door Prizes

2:15-3:15 PM Working with Native LGBTQ  
Stella Martin, HIV Prevention Specialist, GIMC

3:15-4:00 PM What is a Commission Officer?  
CDR Kari Wato, R.D., LT Brenda Riojas, R.D.,  
LT Verdalene Denetdale, R.D., NNMC

4:00-4:30 PM Closing Remarks: Samantha Smith, R.D.  
Benediction: Ervin Redhouse, MVO