

## Resource List for Hinsdale County

Addressing more than just medical problems can lead to a happier, healthier life. You shared with us that you have needs that are typically not addressed in a medical setting. We want to help. Listed below are resources that may help you with those needs. If you don't see a resource that is right for you or would like to talk about additional needs that you may have please contact Western Colorado 2-1-1 (by dialing 211), a free and confidential resource and referral center.

### Behavioral Health Services

**Colorado Crisis Services:** [www.coloradocrisisservices.org](http://www.coloradocrisisservices.org) Call 1-844-493-TALK (8255) to speak to trained professional or text "TALK" to 38255 for immediate and confidential support 24/7/365. Translation services available.

**National Suicide Prevention Lifeline:** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) Call 1-800-273-8255 for free, 24/7 and confidential support.

**Mental Health First Aid Colorado:** [www.mhfacolorado.org](http://www.mhfacolorado.org) Signup today for a training near to become a certified mental health first aider.

**Center for Mental Health:** [www.centermh.org](http://www.centermh.org) 24-Hour Crisis Service 970-252-6220. Free crisis intervention, suicide assessment and homicide assessment.

**Let's Talk Colorado:** [www.letstalkco.org](http://www.letstalkco.org)

**Mental Health Colorado:** [www.mentalhealthcolorado.org](http://www.mentalhealthcolorado.org)

**Man Therapy:** [www.mantherapy.org](http://www.mantherapy.org) Supporting men in acknowledging mental health problems or suicidal thoughts.

**Veteran's Crisis Line:** [www.veteranscrisisline.net](http://www.veteranscrisisline.net) Confidential support for veterans and their families.

### Interpersonal Violence Programs

**National Hotlines:** National Domestic Violence Hotline: (800) 799-7233;  
National Domestic Violence Hotline for the Hearing Impaired (TTY): (800) 787-3224;  
National Sexual Assault Hotline: (800) 656-4673;  
National Suicide Crisis Line: (800) 273-8255.  
**For immediate assistance dial 911**

#### **Southwest Safehouse – Volunteers of America**

**Description:** Emergency shelter for adults and children who are victims of domestic violence and/or sexual assault and other violent crimes.

**Phone:** (970) 259-1021

**Crisis Line:** (970) 259-5443 (available 24/7)

**Website:** <https://www.voacolorado.org/gethelp-southernco-southwestsafehouse>

**Location:** CONFIDENTIAL

**Languages:** English, Spanish

**Services Hours:** Monday – Friday, 8:00 am – 5:00 pm (administration hours), Crisis Services available 24 hours / 7 days a week

**Eligibility:** For survivors of domestic violence and/or sexual assault and their children

**Intake Procedure:** Call or go online for more information, for crisis service call the crisis hotline.

### **Domestic Violence Services – Project Hope of Gunnison County**

**Description:** Provides support, education and confidential advocacy to individuals affected by relationship violence, child abuse and/or sexual assault.

**Phone:** (970) 641-2712

**Crisis Hotline:** (970) 275-1193

**Website:** <https://hope4gv.org/home>

**Location:** CONFIDENTIAL

**Languages:** English, Spanish

**Service Hours:** Monday – Friday, 8:30 am – 4:30 pm (administration hours); Crisis Line available 24 hours / 7 days a week

**Eligibility:** Services available to individuals and their children who are victims/survivors of domestic violence, child abuse, and/or sexual assault

**Intake Procedure:** Call or go online for more information

## **Food Assistance Programs**

**State Resource: Hunger Free Colorado** (855) 855-4626

Relay for hearing impaired: 1-800-659-2656

<https://www.hungerfreecolorado.org/>

Provides assistance with applying for ongoing government food program such as Food Stamps/SNAP, WIC, The Emergency Food Assistance Program (TEFAP), Commodity Food Assistance Program (CFAP), and assists with locating other food resources in the community. Hours of operation are Monday -Friday, 8:00 am - 4:30 pm. Services are available in English and Spanish, Interpretation Services available and all services are confidential.

You may also apply for the SNAP/FOOD STAMPS online at <https://coloradopeak.secure.force.com/>.

**Food Resources – Hinsdale County Public Health:** We maintain our supply of quality food through government programs such as The Emergency Food Assistance Program (TEFAP), Care and Share, and through generous donations from local churches, youth groups, and individuals.

**Description:** Provides a food box to individuals, seniors and families in need in Hinsdale County.

**Phone:** (970) 944-0321

**Website:** <https://www.silverthreadpublichealth.org/services/assistance-programs>

**Location:** 304 W 3<sup>RD</sup> ST, LAKE CITY, CO 81235

**Language:** English, Spanish

**Service Hours:** Monday – Friday, 8:30 am – 4:30 pm

**Eligibility:** For low-income individuals, seniors and families of Hinsdale County in need

**Intake Procedure:** Call, walk in or go online for more information.

**Mineral County Public Health Office:** Mineral County Public Health is now a proud member of the Silver Thread Public Health District, which serves the Public Health needs for both Mineral and Hinsdale Counties.

**Phone:** 719-658-2416

**Location:** 802 Rio Grande Ln, CREEDE, CO 81130

**Website:** <https://mineralcounty.colorado.gov/departments/public-health>

**Mineral County Food Bank:** We maintain our supply of quality food through government programs such as The Emergency Food Assistance Program (TEFAP), Care and Share, and through generous donations from local churches, youth groups, and individuals.

**Location:** 802 Rio Grande Avenue, CREEDE, CO 81130

**Website:** <https://www.silverthreadpublichealth.org/services/assistance-programs>

## Housing & Utility Assistance Programs

**National** online web search tools for low-income housing:

<https://apps.hud.gov/apps/section8/index.cfm> and <http://www.socialserve.com/>

### **Winter Heat Assistance Program – Gunnison & Hinsdale Department of Human Services**

**Description:** Provides assistance to low-income households with paying their winter home heating costs. You may pick up a LEAP application at your human services office or call the Heat Help Line to have one mailed to you. LEAP is a MAIL IN ONLY program.

**Phone:** (866) 432-8435 (Heat Help Hotline)

**Website:** [www.colorado.gov/cdhs/LEAP](http://www.colorado.gov/cdhs/LEAP)

**Language:** English, Spanish

**Service Hours:** Normal business hours. November 1<sup>st</sup> through April 30<sup>th</sup> only.

Due to COVID-19, the April 30 deadline has been extended until funds run out.

**Eligibility:** For low-income individuals and households who meet income guidelines and are a legal resident in the United States

**Intake Procedure:** Call or go online for more information

## Transportation Programs

### **Senior Transportation Services –Hinsdale County Senior Services**

**Description:** Provides transportation services for seniors.

**Phone:** (970) 944-0321

**Website:** [www.silverthreadpublichealth.org](http://www.silverthreadpublichealth.org)

**Location:** 304 Third Street, Lake City, CO 81325

**Language:** English

**Service Hours:** Monday – Friday, 8:00 am – 5:00 pm (administration hours)

**Eligibility:** For older adults age 60 and older

**Intake Procedure:** Call to schedule an intake appointment

Reviewed: 4/2021