

## **About White Bison**

White Bison is a Native American-operated 501(c)3 nonprofit dedicated to creating and sustaining a grassroots Wellbriety Movement – providing culturally-based healing to the next seven generations of Indigenous People. White Bison offers sobriety, recovery, addictions prevention, and wellness/Wellbriety learning resources to the Native American/Alaska Native community nationwide. Our resources are also available to non-Native people.

## **We will also be honoring some of White Bison's Guiding Principles, which are:**

- Leadership exists to serve the people first
- Leadership existence ensures Truth is given to the people
- Elders and teachings are a guiding force to direct ourselves, families and communities
- There is a natural order running the universe
- That our traditional ways were knowledgeable about the natural order
- When the community leads, the leaders will follow
- Alcohol and drugs are destroying us; we want to recover
- Change comes from within the individual, the family and the community
- Within each person, family and community is the innate knowledge for well being
- The solution resides within each community
- Interconnectedness – it takes everyone to heal a community
- Healing will take place through the application of cultural and spiritual knowledge
- Alcohol, drugs and domestic violence are all symptoms, not the cause. To “heal a community” it must deal with the cause
- The Circle and the Four Directions are the Teachers in the Four Laws of Change
- A great learning must take place

- You must create a Healing Forest
- OUR CULTURE IS PREVENTION

**For more information about White Bison please visit: <http://whitebison.org/>**

These guiding principles from the White Bison are universal and hold many important meanings to Native American communities in the U.S. The information supports Native American thoughts and a Relational Worldview, which the National Indian Child Welfare Association [1] has created in order to understand Native American families.